Tips for Applying Sunscreen

APPLY 30 MINUTES BEFORE SUN EXPOSURE.

Apply at least one ounce - the size of a golf ball. Cover each part of your body exposed to the sun.

Reapply liberally every two hours or after swimming or sweating.

Reapply spray sunscreen more often.

Do not put sunscreen on babies 6 months or younger.

Wear sunscreen whether it's sunny or not.

UV rays are present year-round and can do damage even on a cloudy day.

